

# November Wrestling 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8-11 am
2	3 6-8 am  *Workday	4 6-8 am  *Workday	5 -Blue/Green Scrimmage 6pm 2:30-3:30 (P) Parents Meeting	6 2:45-6	7 2:45-6	8 8-11am
9	10 2:45-6	11 8-10 am -Holiday	12 Scrimmage @Panther Creek 6:30 (P) 2:30-3:30	13 (H) Southeast Raleigh	14 2:45-5	15 @ Moore County Duals
16	17 2:45-6	18 4-6	19 (H)Cape Fear 6pm	20 2:45-6	21 2:45-5	22 @ Glenn Invite
23	24 2:45-5:15	25 @Chapel Hill Duals	26 8-10 am	27 Thanksgiving-OFF	28 OFF	29 TBD

# December Wrestling 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> 2:45-6	<i>2</i> 2:45-5:15	<i>3</i> @ <i>Enloe*</i>	<i>4</i> 2:45-5:30	<i>5</i> @ <i>Jim King</i>	<i>6</i> @ <i>Jim King</i>
<i>7</i>	<i>8</i> 2:45-6	<i>9</i> 4-6	<i>10</i> (H) <i>Broughton*</i>	<i>11</i> 2:45-6	<i>12</i> 2:45-5	<i>13</i> @ <i>Bull Durham</i> <i>Classic</i>
<i>14</i>	<i>15</i> 2:45-6	<i>16</i> 4-6	<i>17</i> @ <i>Wakefield*</i>	<i>18</i> 2:45-5:15	<i>19</i> @ <i>WRAL</i>	<i>20</i> @ <i>WRAL</i>
<i>21</i>	<i>22</i> @ <i>Mark Adams-Cary</i>	<i>23</i> @ <i>Mark Adams-Cary</i>	<i>24</i> <i>OFF</i>	<i>25</i> <i>OFF</i>	<i>26</i> <i>OFF</i>	<i>27</i> <i>OFF</i>
<i>28</i>	<i>29</i> 8-10 am 6-7:30	<i>30</i> 8-10 am 6-7:30	<i>31</i> 8-10 am 6-7:30			

# January Wrestling 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9-11 am 7-8:30	2 @ Knightdale Duals	3 @ Knightdale Duals
4	5 2:45-5:15	6 4-6	7 (H) <i>Sanderson*</i>	8 2:45-5:30	9 2:45-4:45	10 @ Orange Duals
11	12 2:45-5:30	13 4-6	14 @ Millbrook*	15 2:45-5:30	16 2:45-5	17 @ Eastern Alamance Duals
18	19 8-10 am  *Holiday	20 3-4 Exams	21 3-4 Exams	22 (H) Jordan 6pm	23 2:45-5	24 @ Greenhope Invite
25	26 6-8 am  Workday	27 4-6	28 (H) <b>WFR*</b> <i>Senior Night</i>	29 2:45-5:15	30 2:45-5  Report Cards	31 @ Cap 7 *Millbrook

# February Wrestling 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 2:45-4:45	3 TBA State Duals	4 2:45-4:45	5 TBA State Duals or 2:45-4	6 3-4	7 OFF
8	9 2:45-4:15	10 2:45-4:30	11 2:45-4:00	12 2:45-4:15	13 @ Regional Tournament -Chapel Hill	14 @ Regional Tournament -Chapel Hill
15	16 Travel Practice  Workday	17 TP	18 TP	19 TP	20 @ State Tournament Winston-Salem	21 @ State Tournament Winston-Salem
22	23	24	25	26	27	28